At distal end of arm, wrap two layers of Delta-Dry® extending 1” beyond the expected end of the cast cutting roll. Repeat at proximal end of the cast.

Cut slit at each end of the padding to assist when cuffing the end.

Apply the 1st layer of cast tape. Ensure you obtain a good mold for anatomical fit. Cuff each end of Delta-Dry® to cover the edge of the cast tape.

Start at proximal end of cast and continue to wrap the arm overlapping 50%. Use small pieces of Delta-Dry® to pad bony prominences, apply adhesive side down to secure.

For thumb spica application (inset), wrap around thumb, cutting the padding as you would with cast tape.

Using a folded piece of Delta-Dry®, make a figure-8 around the thumb. Place the folded side towards the thumb. (Does not apply to Thumb Spica.)

Apply the 2nd layer of cast tape. Ensure you obtain a good mold for anatomical fit. Secure the cuffed Delta-Dry® between the layers of the cast tape.
**Delta-Dry® Water Resistant Cast Padding**

**SHORT LEG**
The solution that fits your life.

1. At distal and proximal end wrap two layers of Delta-Dry® extending 1” beyond the expected end of the cast.

2. Starting at the foot, wrap up the leg overlapping the padding by 50%.

3. It is recommended to apply extra padding along the anterior aspect of the lower leg. Extra padding may also be applied to the medial and lateral maleoli.

4. Cut slit at each end of the padding to assist when cuffing the end.

5. Apply the 1st layer of cast tape. Ensure you obtain a good mold for anatomical fit. Cuff the ends of the padding prior to putting on the last layer of cast tape.

6. Secure the cuffed Delta-Dry® between the layers of the cast tape. Ensure you obtain a good mold for anatomical fit.